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Domain	Competency	Sub Compatonar	Lesson Code	Lesson # within	Lesson Plan and Quiz Names	Lesson Objective
Domain	Competency	Sub-Competency	Code	Sub-comp.	Lesson Pian and Quiz Names	•
Community Living	Personal Hygiene	Hygiene Practices	HP1	1	Personal hygiene practices	Identify personal hygiene practices, such as regular handwashing and dental care, are essential for preventing the spread of infectious diseases like colds, flu, and gastrointestinal infections.
Community Living	Personal Hygiene	Hygiene Practices	HP2	2	Regular handwashing	Demonstrate regular handwashing with soap and water or using hand sanitizer helps prevent the spread of germs and infections
Community Living	Personal Hygiene	Hygiene Practices	HP3	3	Oral Hygiene	Demonstrate proper oral hygiene techniques (e.g., brushing teeth, flossing, and using mouthwash to prevent denta problems like cavities and gum disease).
Community Living	Personal Hygiene	Hygiene Practices	HP4	4	Body hygiene	Demonstrate proper body hygiene practices (i.e., bathing or showering daily, using deodorant, and wearing clean clothes help maintain cleanliness and prevent body odor).
Community Living	Personal Hygiene	Hygiene Practices	HP5	5	hair and scalp care	Demonstrate proper hair and scalp care (i.e., regular washing and grooming of hair and scalp help remove dirt, oil, and dead skin cells, promoting scalp health and preventing dandruff).
Community Living	Personal Hygiene	Hygiene Practices	HP6	6	Nail care	Demonstrate proper nail care (i.e., keeping nails trimmed and clean helps prevent the accumulation of dirt and bacteria that can lead to infections).
Community Living	Personal Hygiene	Social and Mental Benefits	SMB1	7	Personal hygiene social interactions	Identify how personal hygiene enhances social interactions by promoting a sense of cleanliness and freshness, which can positively impact relationships and interactions with others.
Community Living	Personal Hygiene	Social and Mental Benefits	SMB2	8	personal hygiene self-esteem	Describe how maintaining good personal hygiene can boost self-esteem and confidence by promoting a positive self-image and feelings of self-worth.
Community Living	Personal Hygiene	Social and Mental Benefits	SMB3	9	personal hygiene mental health	$Describe how practicing personal \ hygiene \ rituals \ can \ have \ a positive \ impact \ on \ mental \ health \ by \ fostering \ a \ sense \ of \ control, \ self-care, \ and \ well-being.$
Community Living	Personal Hygiene	Social and Mental Benefits	SMB4	10	Evaluate personal hygiene	$\label{thm:commended} Evaluate the effectiveness of your current personal hygiene routine by comparing it with recommended practices for hygiene and make necessary adjustments.$
Community Living	Personal Hygiene	Social and Mental Benefits	SMB5	11	Personal hygiene plan	Create a personal hygiene plan that includes daily, weekly, and monthly routines, taking into account individual needs and preferences.
Community Living	Self-Care	Self-Care	SC1	12	Key components of all self-care	Identify the key components of physical, emotional, mental, and social self-care.
Community Living	Self-Care	Self-Care	SC2	13	Self-care and well-being	Explain how physical, emotional, mental, and social self-care contribute to overall well-being.
Community Living	Self-Care	Self-Care	SC3	14	Interrelationships between types of self-care	Analyze the interrelationships between physical, emotional, mental, and social self-care and how they influence one another.
Community Living	Self-Care	Physical Self-Care	PSC1	15	Proper physical care	Demonstrate proper physical self-care (e.g., engaging in regular exercise, getting enough sleep, and eating a balanced diet are essential components of physical self-care that contribute to overall health and well-being).
Community Living	Self-Care	Emotional Self-Care	ESC1	16	Proper emotional care	Demonstrate proper emotional self-care (e.g., practicing mindfulness, engaging in hobbies, and seeking support from friends and loved ones are ways to nurture emotional well-being and resilience).
Community Living	Self-Care	Mental Self-Care	MSC1	17	Appropriate mental self-care	Demonstrate appropriate mental self-care (e.g., engaging in activities that stimulate the mind, such as reading, puzzles, or learning new skills, can help maintain cognitive function and mental acuity).
Community Living	Self-Care	Social Self-Care	SSC1	18	Appropriate social self-care	Demonstrate appropriate social self-care (e.g., cultivating healthy relationships, setting boundaries, and spending time with supportive friends and family members are important aspects of social self-care).
Community Living	Self-Care	Social Self-Care	SSC2	19	Evaluate self-care routine	$\label{lem:continuous} Evaluate your current self-care routine and identify areas for improvement across physical, emotional, mental, and social domains.$
Community Living	Self-Care	Social Self-Care	SSC3	20	Comprehensive self-care plan	Create a comprehensive self-care plan that includes physical, emotional, mental, and social practices tailored to your personal needs and lifestyle.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA1	21	Budgeting and financial planning terms	Identify key budgeting and financial planning terms (e.g., income, expenses, debt, savings).
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA2	22	Identify income sources.	Identify income sources.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA3	23	Track Expenses	Demonstrate ability to track expenses.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA4	24	Set financial goals	Explain how to set financial goals.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA5	25	How to allocate funds	Demonstrate how to allocate funds for essential expenses, savings, and discretionary spending.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA6	26	Analyze and adjust budget.	Analyze and adjust budget.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA7	27	Demonstrate budgeting techniques	Demonstrate budgeting techniques for different financial situations (e.g., managing debt, saving for retirement, planning for major purchases).
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA8	28	Effectiveness of budgeting methods	Evaluate the effectiveness of different budgeting methods for various financial situations.
Community Living	Financial Management	Budgeting and Financial Planning A	BFPA9	29	Reducing expenses and increasing income	Demonstrate strategies for reducing expenses and increasing income.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB1	30	Emergency funds	Describe the importance of emergency funds and how to build one.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB2	31	Types of debt	Describe types of debt (e.g., student loans, credit card debt, mortgages).
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB3	32	Managing and paying off debt	Describe strategies for managing and paying off debt effectively.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB4	33	Understanding interest rates	Demonstrate understanding of interest rates and how they impact debt repayment.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB5	34	Importance of a good credit score	Describe the importance of a good credit score.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB6	35	Factors that affect credit scores	Describe the factors that affect credit scores.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB7	36	Tips for building and improving credit	Describe tips for building and improving credit.
Community Living	Financial Management	Budgeting and Financial Planning B	BFPB8	37	Responsible credit card usage	Describe responsible credit card usage and how to avoid common pitfalls.
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				Lesson #		
Domain	Competency	Sub-Competency	Lesson Code	within Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Community Living	Financial Management	Security and Privacy	SP1	38	Suspicious or unauthorized transactions	Investigate and respond to suspicious or unauthorized transactions promptly.
Community Living	Financial Management	Security and Privacy	SP2	39	Security features by card issuers	Demonstrate the use of security features provided by card issuers and financial institutions, such as transaction alerts and fraud monitoring services.
Community Living	Financial Management	Security and Privacy	SP3	40	Legal arrangements for financial affairs	Explain the legal arrangements such as conservatorship, power of attorney, or guardianship that govern their financial affairs.
Community Living	Financial Management	Security and Privacy	SP4	41	Communicate with legal guardians	Demonstrate how to communicate with and collaborate with their legal guardians, conservators, or attorneys to discuss financial goals, preferences, and decisions.
Community Living	Financial Management	Security and Privacy	SP5	42	Preferences for financial matters.	Develop preferences regarding financial matters.
Community Living	Financial Management	Security and Privacy	SP6	43	Advocate for personal financial interests	Demonstrate how to advocate for their personal financial interests and desires within the boundaries of the legal arrangements and the support provided by their guardians, conservators, or attorneys.
Community Living	Financial Management	Smart Spending	SS1	44	Strategies for smart spending	Describe strategies for smart spending and avoiding impulse purchases.
Community Living	Financial Management	Smart Spending	SS2	45	Comprehensive plan for financial goals	Create a comprehensive plan that includes budgeting, savings, and debt management, strategies tailored to individual financial goals.
Community Living	Communication Skills	Communication Skills	CS1	46	Key communication concepts	Identify key concepts and terminology related to effective communication, conflict resolution, and privacy in communication.
Community Living	Communication Skills	Effective Communication	EC1	47	Express thoughts by alternative modes	Demonstrate how to express self clearly, confidently, and respectfully through spoken language of alternative modes of communication.
Community Living	Communication Skills	Effective Communication	EC2	48	Express thoughts respectfully	Demonstrate how to express thoughts, feelings, and needs confidently while respecting the rights and boundaries of others.
Community Living	Communication Skills	Effective Communication	EC3	49	Adapt communication style	Demonstrate how to adapt communication style appropriately based on the context, audience, and desired outcome.
Community Living	Communication Skills	Conflict Resolution	CNR1	50	Resolve conflicts effectively	Identify issues, generate potential solutions, and evaluate the consequences to resolve conflicts effectively.
Community Living	Communication Skills	Conflict Resolution	CNR2	51	Reach mutual agreements	Demonstrate how to discuss differences, find common ground, and reach mutually satisfactory agreements.
Community Living	Communication Skills	Conflict Resolution	CNR3	52	Personal boundaries	Demonstrate how to recognize and assert personal boundaries as well as respect the boundaries of others.
						Demonstrate how to regulate emotions, remain calm, and communicate constructively during conflicts or
Community Living	Communication Skills	Conflict Resolution	CNR4	53	Constructive conflict communication	disagreements.
Community Living	Communication Skills	Building and Maintaining Relationships	BMR1	54	Positive relationships	Demonstrate initiate and maintain positive relationships including making friends, networking, and fostering connections.
Community Living	Communication Skills	Building and Maintaining Relationships	BMR2	55	Techniques to manage stress	Demonstrate techniques to manage stress, cope with difficult emotions, and seek support when needed.
Community Living	Communication Skills	Building and Maintaining Relationships	BMR3	56	Respecting self and others	Describe the importance of respecting self and others in relationships fostering equality and dignity.
Community Living	Communication Skills	Building and Maintaining Relationships	BMR4	57	Building trust and support	Demonstrate the ability to build trust, provide support, and foster a sense of security and reliability in relationships.
Community Living	Communication Skills	Building and Maintaining Relationships	BMR5	58	Making informed decisions	Demonstrate how to make informed and autonomous decisions considering own needs and preferences as well as the impact on others.
Community Living	Communication Skills	Privacy and Security in Communication	PASIC1	59	Safeguarding personal information	Explain the types of personal information that are sensitive and should be safeguarded, such as financial details, social security numbers, and personal identifiers.
Community Living	Communication Skills	Privacy and Security in Communication	PASIC2	60	Risks of sharing personal information	Explain common risks associated with sharing personal information, including identity theft, fraud, and unauthorized access.
Community Living	Communication Skills	Privacy and Security in Communication	PASIC3	61	Appropriateness of sharing personal information	Evaluate the necessity and appropriateness of sharing personal information in different contexts, such as online platforms, phone calls, and in-person interactions.
Community Living	Communication Skills	Privacy and Security in Communication	PASIC4	62	Controlling information dissemination	Identify and utilize privacy settings and security measures provided by digital platforms and services to control information dissemination.
Community Living	Communication Skills	Privacy and Security in Communication	PASIC5	63	Communicate the importance of privacy	$Demonstrate \ how to communicate effectively with others about the importance of privacy and secure information practices, including setting boundaries and asserting rights to privacy.\\$
Community Living	Communication Skills	Privacy and Security in Communication	PASIC6	64	Create a personal communication plan	Create a personal communication plan that incorporates strategies for effective communication, conflict resolution, and maintaining privacy and security in various contexts.
Community Living	Safety and Emergency Preparedness	Personal Safety	PS1	65	Safety warnings in various environments	$Identify \ key safety \ symbols, warning \ signs, and \ labels \ commonly \ found \ in \ various \ environments \ (e.g., \ workplaces, \ schools, \ public \ spaces).$
Community Living	Safety and Emergency Preparedness	Personal Safety	PS2	66	Identify potential hazards	Identify potential hazards and changes in the environment that may pose safety risks.
Community Living	Safety and Emergency Preparedness	Personal Safety	PS3	67	Appropriate actions for danger	Explain signs of danger or distress and demonstrate appropriate action to address them.
Community Living	Safety and Emergency Preparedness	Personal Safety	PS4	68	Assess potential risks	Assess potential risks and hazards in various settings, including home, school, workplace, and public spaces.
Community Living	Safety and Emergency Preparedness	Personal Safety	PS5	69	Safe usage of tools and equipment	Describe safe usage of tools and equipment in various settings, including following manufacturer instructions, wearing appropriate protective gear, and maintaining equipment properly.
Community Living	Safety and Emergency Preparedness	Personal Safety	PS6	70	Demonstrate how to use safety equipment	Demonstrate how to use safety equipment and personal protective gear properly, such as helmets, goggles, gloves, and harnesses.
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP1	71	Basic first aid skills	Demonstrate basic first aid skills such as CPR, wound care, choking relief, and managing minor injuries.
,	,	0 17 1				Describe evacuation routes, assembly points, and procedures for safely exiting buildings in the event of a fire or
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP2	72	Emergency evacuation routes	other emergencies.





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			Lesson	Lesson # within		
Domain	Competency	Sub-Competency	Code	Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP3	73	Effective communication during emergencies	Demonstrate effective communication during emergencies, including using emergency phone numbers, providing clear and concise information to emergency responders, and conveying their location.
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP4	74	Emergency plans and procedures	Develop emergency plans and procedures for different scenarios, such as fires, natural disasters, medical emergencies, and accidents.
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP5	75	Medical emergency response	Describe how to respond to medical emergencies, including recognizing symptoms, calling for help, and providing initial care until professional assistance arrives.
Community Living	Safety and Emergency Preparedness	Emergency Preparedness	EP6	76	Evaluate the effectiveness of safety protocols	Evaluate the effectiveness of different safety protocols and emergency procedures in various settings and suggest improvements where necessary.
Community Living	Safety and Emergency Preparedness	Self-Defense and Security	SDS1	77	Basic self-defense techniques	Demonstrate basic self-defense techniques and strategies for protecting oneself from physical threats or attacks.
Community Living	Safety and Emergency Preparedness	Self-Defense and Security	SDS2	78	Communicate boundaries	Demonstrate how to assertively communicate boundaries, de-escalate conflicts, and seek help when feeling threatened or unsafe.
Community Living	Safety and Emergency Preparedness	Self-Defense and Security	SDS3	79	Report safety concerns	Describe how to report safety concerns, incidents, or emergencies to appropriate authorities, such as school administrators, employers, or emergency services.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS1	80	Proper handling and cutting techniques	Demonstrate proper handling and cutting techniques for different types of ingredients.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS2	81	Safe food handling practices	Demonstrate safe food handling practices to prevent contamination and foodborne illnesses.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS3	82	Identifying different foods	Identify different types of fruits, vegetables, proteins, grains, and herbs/spices.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS4	83	Substitute ingredients	Demonstrate how to substitute ingredients based on dietary preferences, allergies, or availability.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS5	84	Read and follow recipes accurately	Demonstrate how to read and follow recipes accurately, including understanding measurements, cooking times, and techniques.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS6	85	Incorporating a variety of nutrients	Describe the importance of incorporating a variety of nutrients into meals, including carbohydrates, proteins, fats, vitamins, and minerals.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS7	86	Portion size and balancing food groups	Describe appropriate portion size and how to balance different food groups to create well-rounded meals.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS8	87	Planning meals for the week	Demonstrate how to plan meals for the week, considering factors such as dietary goals, budget, time constraints, and preferences.
Community Living	Food and Nutrition	Food Preparation and Safety	FPS9	88	Making informed grocery purchasing decisions	
Community Living	Food and Nutrition	Food Preparation and Safety	FPS10	89	Developing meal plans within a budget	Develop plan meals within a budget, including strategies for stretching ingredients and minimizing food waste.
Community Living	Food and Nutrition	Nutrition Management	NM1	90	Select nutrient-dense foods	Identify and select nutrient-dense foods that support specific health goals, such as weight management or disease prevention.
Community Living	Food and Nutrition	Nutrition Management	NM2	91	Select meal planning tools	Identify and select meal planning apps, websites, and software tools for organizing recipes, creating shopping lists, and scheduling meals.
Community Living	Food and Nutrition	Nutrition Management	NM3	92	Tracking nutritional information	Demonstrate use of nutrition tracking apps or software to monitor food intake, track nutritional information, and analyze dietary patterns.
Community Living	Food and Nutrition	Nutrition Management	NM4	93	Analyze nutritional content of meals	Analyze the nutritional content of meals and identify areas for improvement to better align with dietary goals.
Community Living	Food and Nutrition	Nutrition Management	NM5	94	Meal planning strategies	Evaluate different meal planning strategies for effectiveness in achieving specific health goals, such as weight loss, muscle gain, or disease management.
Community Living	Transportation	Public Transportation Navigation	PTN1	95	Using public transportation to plan efficient routes	Demonstrate how to read public transportation maps, timetables, and schedules to plan their routes efficiently.
Community Living	Transportation	Public Transportation Navigation	PTN2	96	How to use trip planning apps	Demonstrate how to use trip planning apps or websites that provide real-time information on routes, schedules, and fares.
Community Living	Transportation	Public Transportation Navigation	PTN3	97	Locating public transportation	Demonstrate how to locate and recognize public transportation stations, stops, and platforms.
Community Living	Transportation	Public Transportation Navigation	PTN4	98	Purchasing tickets for public transportation	Demonstrate how to purchase tickets, fare cards, or passes using ticket vending machines, mobile apps, or ticket counters.
Community Living	Transportation	Public Transportation Navigation	PTN5	99	Safely boarding and exiting vehicles	Demonstrate how to safely board and exit vehicles, including waiting for vehicles to come to a complete stop and using handrails.
Community Living	Transportation	Public Transportation Navigation	PTN6	100	Proper behavior while riding public transportation	Demonstrate proper behavior and etiquette while riding public transportation, such as keeping noise levels down and respecting personal space.
Community Living	Transportation	Public Transportation Navigation	PTN7	101	Asking for assistance while using public transportation	Demonstrate how to ask transportation staff or fellow passengers for assistance or directions when needed.
Community Living	Transportation	Public Transportation Navigation	PTN8	102	Identifying landmarks to aid navigation	Identify landmarks or points of reference near transportation stops or stations to aid in navigation.
Community Living	Transportation	Public Transportation Navigation	PTN9	103	Analyzing routes	Analyze different routes to determine the most efficient or cost-effective option based on factors such as time, distance, and fare.
Community Living	Transportation	Public Transportation Navigation	PTN10	104		Evaluate the pros and cons of using different forms of public transportation (e.g., buses, trains, subways) based on factors such as convenience, cost, and time it takes to get to destination.
Community Living	Transportation	Safety and Troubleshooting	ST1	105	Awareness of surroundings	Describe the importance of staying aware of surroundings, particularly in crowded or unfamiliar environments, to ensure personal safety.
Community Living	Transportation	Safety and Troubleshooting	ST1	105	Awareness of surroundings	





			Lesson	Lesson # within		
Domain	Competency	Sub-Competency	Code	Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
	• •	•		•	•	Describe information on emergency procedures, such as how to contact emergency services and evacuate vehicles if
Community Living	Transportation	Safety and Troubleshooting	ST2	106	Vehicle emergency procedures	necessary.
Community Living	Transportation	Safety and Troubleshooting	ST3	107	Handling unexpected delays	Demonstrate how to handle unexpected delays, cancellations, or service disruptions by exploring alternative routes or transportation options.
Community Living	Transportation	Safety and Troubleshooting	ST4	108	Loss of personal belongings on public transportation	Describe what to do if they lose personal belongings on public transportation, including contacting lost and found departments or transportation authorities.
Community Living	Transportation	Safety and Troubleshooting	ST5	109	Detailed travel plan	Create a detailed travel plan that includes route selection, ticket purchasing, contingency plans for delays, and safety precautions.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE1	110	Key terms and concepts related to digital communication	Identify key terms and concepts related to digital communication, safety, and online platforms, such as phishing, digital footprint, and privacy settings.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE2	111	Various online communication tools and platforms	Demonstrate how to use various online communication tools and platforms, such as email, instant messaging, and social media.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE3	112	Create clear, concise, and respectful messages	Create clear, concise, and respectful messages suitable for different audiences and contexts.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE4	113	Online etiquette	Describe online etiquette, including privacy settings, digital citizenship, and appropriate use of language.
		0			Engage in constructive and meaningful	01 0, 00 0, 0
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE5	114	discussions	Demonstrate how to engage in constructive and meaningful discussions while respecting diverse viewpoints.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE6	115	Manage online relationships	Describe how to manage online relationships, including building rapport, maintaining boundaries, and resolving conflicts.
Community Living	Digital and Online Skills	Digital Communication and Etiquette	DCE7	116	Effectiveness of different online communication strategies	Analyze the effectiveness of different online communication strategies in various contexts, such as professional settings, social media, and online forums.
Community Living	Digital and Online Skills	Digital Safety and Security	DSS1	117	Digital footprint management	Describe digital footprint management, including privacy settings, data security, and online reputation management.
, ,	ŭ					Describe online risks and threats, such as cyberbullying, phishing, and identity theft, and strategies to mitigate
Community Living	Digital and Online Skills	Digital Safety and Security	DSS2	118	Online risks and threats	them.
Community Living	Digital and Online Skills	Digital Safety and Security	DSS3	119	Tools and techniques for online safety	Demonstrate use of tools and techniques to protect personal information and maintain online safety.
Community Living	Digital and Online Skills	Digital Safety and Security	DSS4	120	Technology tools for security and communication	Demonstrate the use of technology tools, such as safety apps or devices, to enhance personal security and communication.
Community Living	Digital and Online Skills	Digital Safety and Security	DSS5	121	Security features of online platforms and tools	Evaluate the security features of various online platforms and tools, determining their strengths and weaknesses in protecting personal information.
Community Living	Digital and Online Skills	Online Platforms	OP1	122	Online dating platforms	Describe online dating platforms, including features, functionalities, and user demographics.
Community Living	Digital and Online Skills	Online Platforms	OP2	123	Risks and challenges associated with online dating	Describe risks and challenges associated with online dating, such as catfishing, scams, and emotional manipulation.
Community Living	Communication and Civic Engagement	Community Participation	CP1	127	Community participation, conflict resolution, and collaboration	Identify loss concents and terminal organizated to community neutralization conflict resolution and collaboration
Community Living	Communication and Civic Engagement	Community Participation	CPI	124	and collaboration	Identify key concepts and terminology related to community participation, conflict resolution, and collaboration.
Community Living	Communication and Civic Engagement	Community Participation	CP2	125	Analyze community service experiences	Analyze community service experiences, including successes, challenges, and lessons learned, to inform future actions and growth.
Community Living	Communication and Civic Engagement	Community Participation	CP3	126	Collaborate with others	Demonstrate how to collaborate with others to plan and implement community service projects, leveraging each other's strengths and perspectives.
Community Living	Communication and Civic Engagement	Community Participation	CP4	127	Importance of voting	Describe the importance of voting, participating in elections, and engaging in civic activities to influence decision-making at local, regional, and national levels.
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC1	128	Identify and define social problems	Identify and define social problems or challenges within interpersonal relationships, groups, or communities.
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC2	129	Develop solutions to address identified problem	Develop and evaluate potential solutions or strategies to address the identified problem.
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC3	130	Evaluate solutions to address identified problems	Evaluate potential solutions or strategies to address the identified problem.
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC4	131	Demonstrate and adapt solutions	Demonstrate and adapt solutions, considering feedback and adjusting approaches as needed to achieve desired outcomes.
, ,					Communicate effectively with others impacted	Demonstrate how to communicate effectively with others involved in or impacted by the social problem, fostering
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC5	132	by social problems	collaboration and consensus where applicable.
Community Living	Communication and Civic Engagement	Conflict Resolution and Collaboration	CRC6	133	Conflict resolution strategies in various contexts	.,
Community Living	Legal and Advocacy Skills	Advocacy	A1	134	Advocate for themselves when accessing community resources	Demonstrate how to advocate for themselves by asking questions, seeking information, and expressing their needs and preferences when accessing community resources.
Community Living	Legal and Advocacy Skills	Advocacy	A2	135	Strategies for overcoming barriers	Identify strategies for overcoming barriers or challenges when accessing community resources, such as navigating eligibility requirements or transportation issues.
Community Living	Legal and Advocacy Skills	Advocacy	A3	136	Advocacy strategies when accessing community resources	Analyze the effectiveness of different advocacy strategies when accessing community resources, identifying areas for improvement.





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Domain	Competency	Sub Compotency	Lesson	Lesson # within	Loggon Dian and Outs Names	Longon Objective
Domain	Competency	Sub-Competency	Code	Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Community Living	Legal and Advocacy Skills	Legal Understanding	LU1	137	Legal arrangements that govern financial affairs	Explain the legal arrangements such as conservatorship, power of attorney, or guardianship that govern their financial affairs.
Community Living	Legal and Advocacy Skills	Legal Understanding	LU2	138	Communicate with and collaborate with their legal guardians	Demonstrate how to communicate with and collaborate with their legal guardians, conservators, or attorneys to discuss financial goals, preferences, and decisions.
Community Living	Legal and Advocacy Skills	Legal Understanding	LU3	139	Impact of legal decisions on personal financial well-being	Evaluate the impact of legal decisions made under conservatorship, power of attorney, or guardianship on personal financial well-being.
Community Living	Legal and Advocacy Skills	Legal Understanding	LU4	140	Personalized advocacy plan	Create a personalized advocacy plan that outlines steps for accessing community resources, overcoming barriers, and collaborating with legal representatives.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA1	1	Personal values met through work	Identify personal values met through work.
		Identifying Employment Interests and				
Employment	Career Exploration and Planning	Aptitudes	IDIA2	2	Major employment interests	Identify major employment interests.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA3	3	Employment aptitudes	Identify employment aptitudes.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA4	4	Major employment needs	Identify major employment needs.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA5	5	How careers relate to individual interests, abilities, and aptitudes	Explain how careers relate to individual interests, abilities, and aptitudes.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA6	6	Analyze career options	Analyze career options based on personal interests, abilities, aptitudes, achievements, and goals.
Employment	Career Ermloretion and Dlane !	Identifying Employment Interests and	IDIA7	7	Thurs things wanted in a i-1-	Ties at least thus things runted in a job
Employment	Career Exploration and Planning	Aptitudes	IDIA7	1	Three things wanted in a job	List at least three things wanted in a job.
Employment	Career Exploration and Planning	Identifying Employment Interests and Aptitudes	IDIA8	8	Strengths, abilities, skills, learning preferences, and special needs	Identify strengths, abilities, skills, learning preferences, and special needs regarding work or specific jobs.
Employment	Career Exploration and Planning	Exploring Career Options	ECO1	9	Classify jobs into employment categories.	Classify jobs into employment categories.
Employment	Career Exploration and Planning	Exploring Career Options	ECO2	10	10 different occupations	Describe at least 10 different occupations.
Employment	Career Exploration and Planning	Exploring Career Options	ECO3	11	What parents and others do on their jobs	Describe what parents and others do on their jobs.
Employment	Career Exploration and Planning	Exploring Career Options	ECO4	12	Parents' and other family members' jobs	Identify parents' and other family members' jobs.
Employment	Career Exploration and Planning	Exploring Career Options	ECO5	13	Why people must get along with each other at work	Describe why people must get along with each other at work.
Employment	Career Exploration and Planning	Exploring Career Options	ECO6	14	Local employment and training opportunities	Investigate local employment and training opportunities.
Employment	Career Exploration and Planning	Exploring Career Options	ECO7	15	Sources of employment and training information.	List sources of employment and training information.
Employment	Career Exploration and Planning	Exploring Career Options	ECO8	16	3 jobs to investigate	Describe at least 3 jobs to investigate.
Employment	Career Exploration and Planning	Exploring Career Options	ECO9	17	Three ways to find out about different occupations	Identify three ways to find out about different occupations.
Employment	Career Exploration and Planning	Exploring Career Options	ECO10	18	Three careers they want to explore	Identify at least three careers they want to explore.
Employment	Career Exploration and Planning	Exploring Career Options	ECO11	19	How changing roles in the workplace relate to new opportunities	Analyze how the changing roles of individuals in the workplace relate to new opportunities within career choices.
Employment	Career Exploration and Planning	Exploring Career Options	ECO12	20	Difference between a job and a career	Describe the difference between a job and a career.
Employment	Career Exploration and Planning	Exploring Career Options	ECO13	21	justification for career selection	Create a justification for the selection of a career.
Employment	Career Exploration and Planning	Exploring Career Options	ECO14	22	How to get applications and complete them	Identify how to get applications and how to complete them.
Employment	Career Exploration and Planning	Exploring Career Options	ECO15	23	Purpose of an interview	Describe the purpose of an interview.
	· · ·					Evaluate school-based opportunities for career awareness/preparation (e.g., Career days, Career portfolio, Community service, Cooperative education, Graduation/senior project, Internship, Job shadowing, Part-time
Employment	Career Exploration and Planning	Career and Educational Planning	CEP1	24	Evaluate school-based opportunities	employment, Registered apprenticeship, School-based enterprise). Compare personal high school plan to current personal career goals and list postsecondary opportunities based
Employment	Career Exploration and Planning	Career and Educational Planning	CEP2	25	Comparing personal plans	upon personal career interests.
Employment	Career Exploration and Planning	Career and Educational Planning	CEP3	26	Career courses to take in school	Identify career/vocational courses they want to take in school.
Employment	Caroor Exploration and Dlane's	Career and Educational Planning	CEP4	27	Educational and work requirements of specific careers	Describe the educational and work requirements of specific careers and jobs.
Employment Employment	Career Exploration and Planning Career Exploration and Planning	Career and Educational Planning	CEP4 CEP5	28	Where education and training can be obtained	Identify where education and training can be obtained.
Employment	Career Exploration and Flamiling	Career and Educational Figilling	CEF	20	where cadeation and training can be obtained	Identify community and educational options and alternatives to gaining education and employment in a chosen
Employment	Career Exploration and Planning	Career and Educational Planning	CEP6	29	Community and educational options	field.





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			T	Lesson #		
Domain	Competency	Sub-Competency	Lesson Code	within Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Employment	Career Exploration and Planning	Career and Educational Planning	CEP7	30		Analyze the relationship between career choices and career preparation opportunities (e.g., Associate degree, Baccalaureate degree, Certificate/licensure, Entrepreneurship, Immediate part/full time employment, Industry training, Military training, Professional degree, Registered apprenticeship, Tech Prep, Vocational Rehabilitation Centers).
Employment	Career Exploration and Planning	Career and Educational Planning	CEP7	31	Acquiring skills necessary for job	Explain steps in acquiring the skills necessary to enter a chosen field or job.
Employment	Career Exploration and Planning	Career and Educational Planning	CEP9	32	Entry-level skills and requirements	Describe entry-level skills, course or job requirements, and exit-level competencies to succeed in courses.
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA1	33	Steps in finding a job	Identify the steps in finding a job.
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA1 JSA2	34	How people get jobs	Describe how people get jobs.
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA2 JSA3	35	Investigate different jobs	Describe how to investigate different jobs.
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA3 JSA4	36	Apply research skills in searching for a job	Apply research skills in searching for a job.
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA5	37	Construct a career portfolio	Construct a career portfolio including career acquisition documents (e.g., Job application, Letter of appreciation following an interview, Letter of introduction, Postsecondary education/training applications, Request for letter of recommendation, Resume).
	The true in the column	710 1 14 15 15	70.4.6	20	Effective speaking and listening skills in job	
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA6	38	interview	Apply effective speaking and listening skills used in a job interview. Evaluate the effectiveness of different job search strategies, including online platforms, networking, and direct
Employment	Job Acquisition and Employment Skills	Job Search and Application	JSA7	39	Effectiveness of different job search strategies	applications, in securing employment.
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR1	40	What happens if adults cannot or do not work	Describe what happens if adults cannot or do not work.
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR2	41	Remunerative aspects of work.	Identify remunerative aspects of work.
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR3	42	Appropriate ways to leave or change jobs	Describe appropriate ways to leave or change jobs and companies.
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR4	43	Comparing skills	Compare skills to other occupations and avocations.
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR5	44	Application of essential workplace skills/knowledge	Demonstrate, in the career acquisition process, the application of essential workplace skills/knowledge (e.g., Commitment, Communication, Dependability, Health/safety, Laws and regulations [Americans with Disabilities Act, Child Labor Law, Fair Labor Standards Act, OSHA, Material Safety Data Sheets], Personal initiative, Self-advocacy, Scheduling/time management, Team building, technical literacy, Technology).
Employment	Job Acquisition and Employment Skills	Workplace Readiness	WR6	45	Staying in a job versus leaving for a new opportunity	Evaluate the pros and cons of staying in a job versus leaving for a new opportunity, considering factors such as career growth, job satisfaction, and financial stability.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL1	46	Steps to take for advancement	Identify steps to take if they want to advance in their place of employment.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL2	47	Education and training through thier employment	Identify educational benefits and ways of gaining additional training through their employment.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL3	48	Transfer opportunity	Explain fields related to their current work into which they could transfer.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL4	49	Change jobs without losing benefits or salary	Identify ways to change jobs without losing benefits or salary.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL5	50	Strategies for career retention and advancement	Evaluate strategies for career retention and advancement in response to the changing global workplace.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL6	51	Impact of lifelong learning	Evaluate the impact of lifelong learning on career retention and advancement.
Employment	Career Development and Advancement	Career Advancement and Lifelong Learning	CALL7	52	Create a long-term career development plan	Create a long-term career development plan that includes strategies for continuous learning, skill development, and career advancement.
						Assess the implementation of the individualized career plan through the ongoing development of the career
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE1	53	Implementation of the individualized career plan	•
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE2	54	Apply career portfolio to a chosen career path	Analyze, revise, and apply an individualized career portfolio to a chosen career path.
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE3	55	Personal attitudes and work habits	Evaluate personal attitudes and work habits that support careers.
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE4	56	Conflict resolution skills	Evaluate conflict resolution skills as they relate to the workplace (e.g., Constructive criticism, Group dynamics, Managing/leadership, Mediation, Negotiation, Problem-solving).
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE5	57	Time management strategies	Evaluate time management strategies and their application to both personal and work situations.
Employment	Career Development and Advancement	Personal and Professional Evaluation	PPE6	58	Personal improvement plan for workplace	Create a personal improvement plan that includes strategies for enhancing work habits, attitudes, and time management skills.
Employment	Workplace Dynamics and Skills	Workplace Interactions	WI1	59	Characteristics and skills when working with others	Identify the worker characteristics and skills in working with others that are required in a chosen field or job.
Employment	Workplace Dynamics and Skills	Workplace Interactions	WI2	60	Why people have to get along with each other at work	Describe why people have to get along with each other at work.
Employment	Workplace Dynamics and Skills	Workplace Interactions Workplace Interactions	WI3	61	Conflict resolution skills in workplace	Evaluate conflict resolution skills as they relate to the workplace.
Employment	Workplace Dynamics and Skills	Workplace Interactions	WI4	62	Communication techniques to resolve conflicts	Apply effective communication techniques to resolve conflicts and foster positive workplace interactions.
Employment	Workplace Dynamics and Skills	Career and Job Mobility	CJM1	63	Ways to leave or change jobs and companies	Describe appropriate ways to leave or change jobs and companies.
Employment	Workplace Dynamics and Skills	Career and Job Mobility Career and Job Mobility	CJM2	64	Comparing skills needed in other occupations	Compare skills to skills needed in other occupations and avocations.
Employment	Workplace Dynamics and Skills	Career and Job Mobility Career and Job Mobility	CJM2 CJM3	65	Change jobs without losing benefits or salary	Identify ways to change jobs without losing benefits or salary.
Employment	Workplace Dynamics and Skills	Career and Job Mobility	CJM4	66	Create a personal career mobility plan	Create a personal career mobility plan that includes strategies for skill development, job transitions, and maintaining benefits.





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Domain	Competency	Sub-Competency	Lesson Code	Lesson # within Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Postsecondary						
Education Postsecondary	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV1	1	How strengths can be leveraged	Describe how strengths can be leveraged in a postsecondary education setting.
Education Postsecondary	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV2	2	List personal strengths	List personal strengths in academic, social, and extracurricular areas.
Education	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV3	3	Educational limitations/need for support	Identify and understand their educational limitations/need for support.
Postsecondary Education	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV4	4	Educational values	Identify their educational values.
Postsecondary Education	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV5	5	How personal strengths and values influence decision-making	Analyze how personal strengths and values influence decision-making in postsecondary education and career planning.
Postsecondary Education	Self-Awareness and Self-Advocacy	Understanding Strengths and Values	USV6	6	Strengths, interests, and preferences	Describe their strengths, interests, and preferences as they relate to postsecondary education.
Postsecondary Education	Self-Awareness and Self-Advocacy	Rights and Responsibilities	RR1	7	Rights	Describe rights.
Postsecondary Education	Self-Awareness and Self-Advocacy	Rights and Responsibilities	RR2	8	Personal responsibility.	Describe personal responsibility.
Postsecondary Education	Self-Awareness and Self-Advocacy	Rights and Responsibilities	RR3	9	Disability rights and responsibilities	Identify and understand disability rights and responsibilities.
Postsecondary Education	Self-Awareness and Self-Advocacy	Rights and Responsibilities	RR4	10	Respect for the rights and properties of others	Demonstrate respect for the rights and properties of others.
Postsecondary Education	Self-Awareness and Self-Advocacy	Rights and Responsibilities	RR5	11	Identify authority and follow instructions.	Identify authority and follow instructions.
Postsecondary Education	Self-Awareness and Self-Advocacy	Self-Advocacy	SA1	12	Demonstrate how to advocate	Demonstrate how to advocate by asking questions, seeking clarification, and expressing their needs and concerns.
Postsecondary Education	Self-Awareness and Self-Advocacy	Self-Advocacy	SA2	13	Effectiveness of self-advocacy strategies	Evaluate the effectiveness of self-advocacy strategies in achieving desired educational outcomes.
Postsecondary Education	Self-Awareness and Self-Advocacy	Self-Advocacy	SA3	14	Personal action plan for leveraging strengths	$\label{thm:condition} Create a personal action plan for leveraging strengths and advocating for support in postsecondary education settings.$
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS1	15	Importance of study techniques	Explain the importance of using a variety of study techniques to enhance learning and retention.
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS2	16	Techniques for studying efficiently	Demonstrate techniques for studying efficiently, including practice tests, flashcards, and review sessions.
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS3	17	Using a planner or digital calendar	Use a planner or digital calendar to keep track of assignments/activities, deadlines, and important dates.
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS4	18	Prioritize tasks and manage time effectively	Demonstrate how to prioritize tasks and manage time effectively to balance academic responsibilities, extracurricular, and personal commitments.
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS5	19	Effective note-taking strategies	Demonstrate effective note-taking strategies to capture and retain key information during lectures, discussions, and reading assignments.
Postsecondary Education	Academic Skills and Strategies	Study and Organizational Skills	SOS6	20	Personalized study and organizational plan	Create a personalized study and organizational plan that incorporates various strategies for managing time, tasks, and academic responsibilities.
Postsecondary Education	Academic Skills and Strategies	Research and Information Management	RIM1	21	Using resources to evaluate information critically	Use library resources, conduct research, and evaluate information sources critically.
Postsecondary Education	Academic Skills and Strategies	Research and Information Management	RIM2	22	Use digital tools and online resources	Use digital tools and online resources for academic purposes, including research, presentations, and collaboration.
Postsecondary Education	Academic Skills and Strategies	Research and Information Management	RIM3	23	Sources of postsecondary education and training information	
Postsecondary Education	Academic Skills and Strategies	Research and Information Management	RIM4	24	Investigate postsecondary education programs and requirements	Investigate realistic postsecondary education and or training programs and identify requirements of desired and available programs.
Postsecondary Education	Academic Skills and Strategies	Research and Information Management	RIM5	25	Identify postsecondary education programs.	Identify postsecondary education programs.
Postsecondary Education	Social and Emotional Skills	Social Skills and Communication	SSAC1	26	Importance of clear and respectful communication	Explain the importance of clear and respectful communication in building positive relationships with teachers, peers, and school staff.
Postsecondary Education	Social and Emotional Skills	Social Skills and Communication	SSAC2	27	Communicate clearly and respectfully	Demonstrate how to communicate clearly and respectfully with teachers, peers, and other school staff.
Postsecondary Education	Social and Emotional Skills	Social Skills and Communication	SSAC3	28	Demonstrate social skills	Demonstrate social skills such as making friends, collaborating on group projects, and resolving conflicts peacefully.





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Domain	Competency	Sub-Competency	Lesson Code	Lesson # within Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Postsecondary Education	Social and Emotional Skills	Social Skills and Communication	SSAC4	29	Effectiveness of different conflict resolution strategies	Analyze the effectiveness of different conflict resolution strategies used in group projects and social interactions.
Postsecondary Education	Social and Emotional Skills	Social Skills and Communication	SSAC5	30	Evaluate personal communication and social skills	Evaluate personal communication and social skills by reflecting on past interactions and identifying areas for improvement.
Postsecondary Education	Social and Emotional Skills	Emotional Management	EM1	31	Emotional regulation impact	Describe how emotional regulation can impact academic performance and social interactions.
Postsecondary Education	Social and Emotional Skills	Emotional Management	EM2	32	Strategies for managing emotions	Demonstrate strategies for managing emotions, coping with stress, and responding adaptively to challenges.
Postsecondary Education	Social and Emotional Skills	Emotional Management	EM3	33	Personalized emotional management plan	$\label{lem:conditional} Create a personalized emotional management plan that includes strategies for coping with stress and responding to challenges in school.$
Postsecondary Education	Goal Setting and Decision Making	Goal Setting	GS1	34	Relationship between goal setting	Explain the relationship between goal setting and long-term success in academic and personal development.
Postsecondary Education	Goal Setting and Decision Making	Goal Setting	GS2	35	Goals for academic achievement	Identify short-term and long-term goals for academic achievement, personal growth, and extracurricular involvement.
Postsecondary Education	Goal Setting and Decision Making	Goal Setting	GS3	36	Identify and set goals.	Identify and set goals.
Postsecondary Education	Goal Setting and Decision Making	Goal Setting	GS4	37	Develop plans and attain goals.	Develop plans and attain goals.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS1	38	Considering multiple perspectives	Explain the importance of considering multiple perspectives when evaluating alternatives in problem-solving.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS2	39	Demonstrate how to problem-solve.	Demonstrate how to problem-solve.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS3	40	Develop and evaluate alternatives.	Develop and evaluate alternatives.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS4	41	Consequences to choices	Evaluate consequences to choices.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS5	42		Demonstrate how to complete a self-evaluation and assess feedback.
Postsecondary Education	Goal Setting and Decision Making	Decision Making and Problem Solving	DMPS6	43	Compare majors and training programs to employment opportunities	Compare postsecondary education majors and training programs to employment opportunities.
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS1	44	Effectiveness of different support services	$Analyze \ the \ effectiveness \ of \ different \ support \ services \ and \ accommodations \ in \ postsecondary \ settings.$
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS2	45	Identify needed services and support	Identify needed services and support in the postsecondary setting.
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS3	46	Access needed services and support	Access needed services and support in the postsecondary setting.
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS4	47	Postsecondary accommodations and support	$Identify\ postsecondary\ education\ and\ or\ training\ their\ necessary\ accommodations\ and\ supports.$
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS5	48	Postsecondary support & training access	Identify support and the process to access available at the post-secondary education or training program level.
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS6	49	Support services, academic accommodations, and extracurricular opportunities	Describe support services, academic accommodations, and extracurricular opportunities within the school.
Postsecondary Education	Support and Resource Access	Accessing Supports and Services	ASAS7	50	Personalized plan for accessing and utilizing support services	Create a personalized plan for accessing and utilizing support services and community resources during postsecondary education.
Postsecondary Education	Support and Resource Access	Community Resources	CMR1	51	Research community resources	Demonstrate how to research and gather information about available community resources, including websites, directories, and social service agencies.
Postsecondary Education	Support and Resource Access	Community Resources	CMR2	52	Using online search engines, databases, and directories	Use online search engines, databases, and directories to find relevant community resources and information.
Postsecondary Education	Support and Resource Access	Community Resources	CMR3	53	Community resources and services	Evaluate different community resources and services based on their relevance, quality, and effectiveness in meeting their needs.
Postsecondary Education	Postsecondary Education and Career Planning	Educational and Career Planning	ECP1	54	Postsecondary education interests.	Identify postsecondary education interests.
Postsecondary Education	Postsecondary Education and Career Planning	Educational and Career Planning	ECP2	55	Postsecondary education aptitudes.	Identify postsecondary education aptitudes.
Postsecondary Education	Postsecondary Education and Career Planning	Educational and Career Planning	ECP3	56	Postsecondary education choices and long-term career goals	Analyze the relationship between postsecondary education choices and long-term career goals.





Competency	Sub-Competency	Lesson Code	Lesson # within Sub-comp.	Lesson Plan and Quiz Names	Lesson Objective
Postsecondary Education and Career Planning	Educational and Career Planning	ECP4	57	Applying for postsecondary education program	Apply for the postsecondary education program.
Postsecondary Education and Career Planning	Educational and Career Planning	ECP5	58	Interviewing for a postsecondary education program	Demonstrate how to interview for a postsecondary education program.
Postsecondary Education and Career Planning	Educational and Career Planning	ECP6	59	Impact of lifelong learning	Evaluate the impact of lifelong learning on career retention and advancement.
Postsecondary Education and Career Planning	Safety and Compliance	SAC1	60	School rules, expectations, and consequences	Describe school rules, expectations, and consequences for behavior.
Postsecondary Education and Career Planning	Safety and Compliance	SAC2	61	Describe emergency protocols	Describe emergency protocols, including fire drills, lockdown procedures, and first aid basics.
Postsecondary Education and Career Planning	Safety and Compliance	SAC3	62	Strategies for staying safe	Describe strategies for staying safe on campus and in the community, including stranger danger awareness and internet safety.
Postsecondary Education and Career Planning	Safety and Compliance	SAC4	63	Appropriate behavior in public settings	Demonstrate appropriate behavior in public settings.
Postsecondary Education and Career Planning	Safety and Compliance	SAC5	64	Comprehensive safety plan	Create a comprehensive safety plan that incorporates emergency protocols, campus safety strategies, and personal safety practices.
	Postsecondary Education and Career Planning	Postsecondary Education and Career Planning Postsecondary Education and Career Planning Educational and Career Planning Educational and Career Planning Educational and Career Planning Educational and Career Planning Postsecondary Education and Career Planning Safety and Compliance Postsecondary Education and Career Planning Safety and Compliance	Competency Sub-Competency Code Postsecondary Education and Career Planning Educational and Career Planning ECP4 Postsecondary Education and Career Planning Educational and Career Planning ECP5 Postsecondary Education and Career Planning Educational and Career Planning ECP6 Postsecondary Education and Career Planning Safety and Compliance SAC1 Postsecondary Education and Career Planning Safety and Compliance SAC2 Postsecondary Education and Career Planning Safety and Compliance SAC3 Postsecondary Education and Career Planning Safety and Compliance SAC4	Competency Sub-Competency Lesson Code within Sub-comp. Postsecondary Education and Career Planning Educational and Career Planning ECP4 57 Postsecondary Education and Career Planning Educational and Career Planning ECP5 58 Postsecondary Education and Career Planning Educational and Career Planning ECP6 59 Postsecondary Education and Career Planning Safety and Compliance SAC1 60 Postsecondary Education and Career Planning Safety and Compliance SAC2 61 Postsecondary Education and Career Planning Safety and Compliance SAC3 62 Postsecondary Education and Career Planning Safety and Compliance SAC4 63	CompetencySub-CompetencyLesson Codewithin Sub-comp.Lesson Plan and Quiz NamesPostsecondary Education and Career PlanningEducational and Career PlanningECP457Applying for postsecondary education program Interviewing for a postsecondary education programPostsecondary Education and Career PlanningEducational and Career PlanningECP558Impact of lifelong learningPostsecondary Education and Career PlanningSafety and ComplianceSAC160School rules, expectations, and consequencesPostsecondary Education and Career PlanningSafety and ComplianceSAC261Describe emergency protocolsPostsecondary Education and Career PlanningSafety and ComplianceSAC362Strategies for staying safePostsecondary Education and Career PlanningSafety and ComplianceSAC362Appropriate behavior in public settings